

ChaeHookSung Martial Arts

DOJANG RULES

1. When entering or leaving the dojang bow to the flags.
2. Bow to the instructor, assistant instructors in order of rank, visiting guests of higher rank, then the rest of fellow students.
3. Upon the entrance of the instructor, stop (suspend) actions & bow to the instructor at the beginning & end of training.
4. When an instructor presents a certificate, award, medal or similar to the student, the student should stand in front of the instructor at attention, bow, accept presentation, courteously, then take one step backward, again bow & return to proper place.
5. When addressing the instructor or other black belt, student will bow before speaking while addressing with proper title or Mr., Ms, Mrs., Sir, or Ma'am. While assuming the position of attention, using words of consideration such as; "Yes or No Sir (Ma'am), Excuse Me or Pardon Me."
6. Respect fellow students.
7. Loud conversation, laughing, giggling & chewing of gum is prohibited in dojang.
8. Students who have to leave class early, must inform instructor prior to the beginning of class for approval to be given.
9. Attendance & punctuality is most important. Any student who is absent without explanation, is constantly late in arrival, or leaves class before class ends without explanation will be suspended for a time established by the instructor.
10. Any substitute teacher or assistant will be treated with the same respect as the instructor.
11. Personal hygiene is your responsibility: finger & toe nails must be kept trimmed, along with the cleanliness of body and proper dobok (uniform) is essential.
12. Profanity (bad language), obscene gestures or action; unnecessary roughness, running, or horse play toward any fellow student is prohibited.
13. After training, make sure that any equipment used is returned to its proper place & that the class room is left in a neat & orderly state.
14. Any & all students of martial arts will follow rules of the Dojang: whether in uniform or present in another Dojang.
15. After all is said & done, have fun.

TERMS USED DURING CLASS

MOYO	LINE UP
CHARIUT	ATTENTION
KYUNG-YE	BOW
KOOK-KI-YA-DYE-HA-YUT	TO THE FLAGS
KYO-SA-NIM (DAE)	FIGHTING BLACK BELT 1-3 DAN
SA-BUM-NIM (DAE)	INSTRUCTOR BLACK BELT 4-6 DAN
KWON-JANG-NIM (DAE)	MASTER INSTRUCTOR 7-9 DAN
JEO-SUM-NI-DA	VERY GOOD
KO-MUP-SIMNI-DA	THANK YOU
AN-JU-SAE-YO	SIT DOWN
E-DO-NA-SA-YO	STAND UP
DI-RO-DORA	ABOUT FACE
DURO-SA-YO	MOVE BACK
JOON-BI	READY
BA-RO	FINISH

BEGINNING of CLASS

MO-YO	LINE UP
CHARIUT	ATTENTION
KOOK-KI-YA-DYE-HA-YUT	TO THE FLAGS
KYUNG-YE	BOW
SA-BUM-NIM-DAE	INSTRUCTOR
KYUNG-YE	BOW

ENDING of CLASS

CHARIUT	ATTENTION
DI-RO-DO-RA	ABOUT FACE
DO-BOK-TON-JUNG	FIX UNIFORM
DI-RO-DO-RA	ABOUT FACE
KOOK-KI-YA-DYE-HA-YUT	TO THE FLAGS
KYUNG-YE	BOW
SA-BUM-NIM	INSTRUCTOR
KYUNG-YE	BOW

FACE TOP STUDENT

“TAEKWONDO” STUDENTS REPLY (TAEKWONDO)

FACE INSTRUCTOR

“KO-MOP-SIM-NI-DA KYO-SA-NIM” or (SA-BUM-NIM) BOW THANKING INSTRUCTOR
STUDENTS REPLY “ KO-MOP-SIM-NI-DA KYO-SA-NIM or SA BUM-NIM”

FACE TOP STUDENT

“JEO-SIM-NI-DA” (GOOD WORKOUT)

STUDENTS KI-UP

COUNTING

HANA	IL	ONE
DUL	EY	TWO
SET	SAM	THREE
NET	SA	FOUR
DA-SUT	OH	FIVE
YO-SUT	YUK	SIX
IL-GUP	CHIL	SEVEN
YEO-DUL	PAL	EIGHT
A-HOP	KU	NINE
YUL	SHIB	TEN

KICKING (CHAGI)

AP-CHAGI	FRONT KICK
DOL-YO-CHAGI	ROUND KICK
YEOP-CHAGI	SIDE KICK
BON-DUL-CHAGI	ARK KICK
HO-DOL-YO-CHAGI	HOOK KICK
CHI-GO-CHAGI	AX KICK
DI-CHAGI	BACK KICK
DI-DOL-YO-YEOP-CHAGI	BACK TURNING SIDE KICK
MOOM-DOL-YO CHAGI	TURNING HOOK KICK

BLOCKING (MA-KI)

A-RAE-MA-KI	DOWN BLOCK
MOOM-TONG-PAK-GAT-MA-KI	MIDDLE BLOCK (OUTSIDE)
MOOM-TONG-AN-MA-KI	MIDDLE BLOCK (INSIDE)
UL-GUL-MA-KI	FACE BLOCK

STRIKING (CHI-GI)

MOON-TONG-CHI-RU-GI	MIDDLE PUNCH
SUN-NUL-MOK-CHI-GI	OUTSIDE KNIFEHAND STRIKE
SUN-NUL-MOK-CHI-GI-DUL	INSIDE KNIFEHAND STRIKE
DONG-JUMOK-ULGOL-BAGUT-CHI-GI	SIDE OF FACE BACK FIST
DONG-JUMOK-ULGOL-AP-PA-CHI-GI	FRONT OF FACE BACK FIST
PAL-KUM-ULGOL-DOLYO-CHI-GI	ELBOW FACE ROUND STRIKE
PAL-KUM-ULYO CHI-GI	ELBOW UPWARD STRIKE

STANCES (SEO-KI)

CHA-RI-UT-SEO-KI	ATTENTION STANCE
PYUN-E-SEO-KI	READY\FINISHED STANCE
JU-JAM-SEO-KI	HORSE STANCE
AP-KU-BI	FORWARD STANCE

DE-KU-BI
BOXING-SEO-KI

BACK STANCE
BOXING STANCE